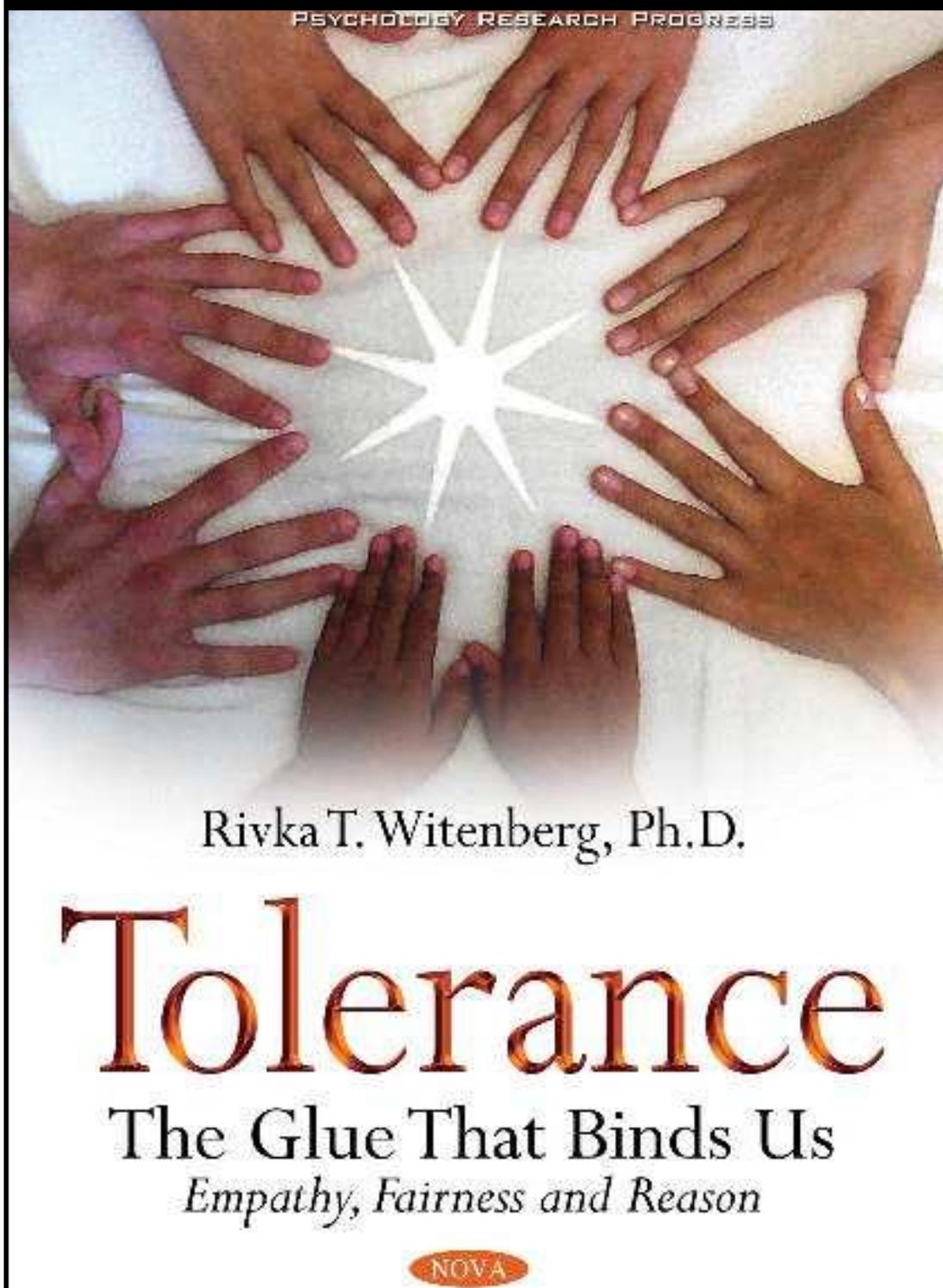




Gazelle Academic

Psychology – November 2017

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Advances in
Psychology
Research

Health
Psychology
Research Focus

Mental
Illnesses &
Treatments

Paediatrics,
Child &
Adolescent
Health

Perspectives on
Cognitive
Psychology

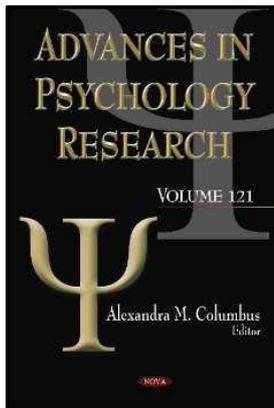
Pregnancy &
Infants: Medical,
Psychological &
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Contents

Advances in Psychology Research Series	2
Health Psychology Research Focus Series	2
Mental Illnesses & Treatments Series	3
Paediatrics, Child & Adolescent Health Series	3
Perspectives on Cognitive Psychology Series	4
Pregnancy & Infants: Medical, Psychological & Social Issues Series	4
Psychology of Emotions, Motivations & Actions Series	5
Psychology Research Progress Series	6
Social Issues, Justice & Status Series	9
Social Psychology Research Progress Series	10
Sports & Athletics Preparation, Performance, & Psychology Series	10
World of Psychology: Therapeutic, Relational, Teaching Series	10

Advances in Psychology Research Series



Advances in Psychology Research

Edited by Alexandra M. Columbus

This book focuses on the latest developments in psychology research. Chapter One reviews Vygotsky's view on tools, signs and the spoken word, which are elaborated through a comparison of his early anthropological writings with his later works. Chapter Two describes facial emotion recognition in a group of juvenile offenders and compares it with a group of non-offender adolescents, and also determines which emotions were misrecognized and for which one they were misattributed in both groups. Chapter Three examines cumulative family risk and youth adjustment difficulties during early adolescence. Chapter Four reviews a study on the relationship between personality and happiness using a modified version of the Oxford Happiness Inventory and a 20 adjective checklist of personality traits. Chapter Five compares body dissatisfaction among Polish and Japanese women and defines risk factors for body dissatisfaction. Chapter Six focuses on the adaptive functions of the focusing manner of experiencing. Chapter Seven studies a South African perspective on vicarious traumatisation and the self in professional learning of social work. Chapter Eight reviews literature based on predictors of food cravings, potential health impacts, and treatment options.

Volume 121 HB 9781536106688 £235.50 April 2017 Nova Science Publishers 200 pages

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Volume 124 HB 9781536107548 £235.50 April 2017 Nova Science Publishers 198 pages

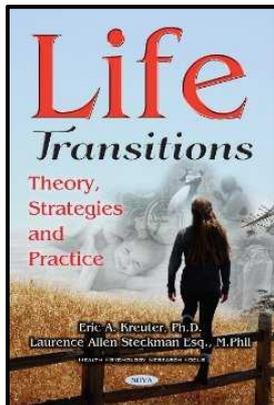
Volume 125 HB 9781536107654 £238.50 April 2017 Nova Science Publishers 190 pages

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Volume 127 HB 9781536117929 £238.50 June 2017 Nova Science Publishers 200 pages

Volume 128 HB 9781536119961 £238.50 July 2017 Nova Science Publishers 165 pages

Health Psychology Research Focus Series



Life Transitions

Theory, Strategies & Practice

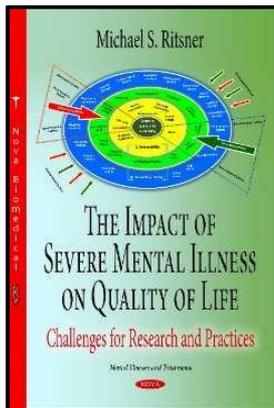
Edited by Eric A Kreuter, Laurence Allen Steckman

We all face challenges in today's complex, competitive, and busy world. Problems sometimes seem overwhelming. Avoidance of negativity often requires a healthy balance between living in the now and planning for an uncertain, but hopeful future. The authors refer to "turning points" or "life transitions," events which can be either wonderful and invigorating or anxiety-inducing and daunting. Turning points, even minor ones, may increase a sense of life's meaning or they can have the opposite effect.

Turning points might include, for example, the birth or death of children or grandchildren, the relocation of close relatives or friends, serious and disabling accidents, diseases or impairments, sudden and unexpected loss of employment, and environmental disasters that result in loss of property, stability or health. They might include the death of a loved one, for example, a spouse, life partner or companion, or being victimized criminally, by theft or fraud, or being assaulted, with continuing physical or emotional consequences. Turning points could include being required to undertake caretaking responsibilities for a spouse or parents, retirement and the question of how one should profitably spend one's time. Presentation of a new career opportunity, where life skill and experience is coveted, could involve a positive transition.

PB 9781536117868 £78.50 May 2017 Nova Science Publishers 80 pages

Mental Illnesses & Treatments Series



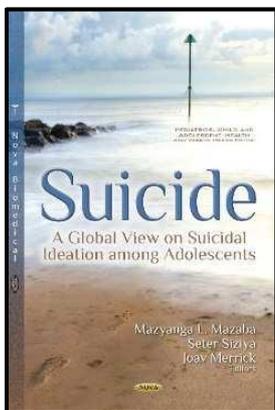
The Impact of Severe Mental Illness on Quality of Life Challenges for Research & Practices

Michael S. Ritsner

This monograph deals with the health-related quality of life deficit (QOL) of people with severe mental disorders, focusing on issues related to its concept, characteristic profile, on developing the Distress/Protection Vulnerability Quality of Life Model including vulnerability (neurobiological and genetic), primary, and secondary factors, as well as on challenges for research and practice. The aim of this book is to provide a state of the art overview for QOL of people with severe mental disorders such as schizophrenia, schizoaffective disorders, major depressive disorder and bipolar disorder. In addition to a comprehensive overview of the latest achievements in the study of QOL, the book contains a detailed analysis of the following factors using comprehensive data from the Sha'ar Menashe Quality of Life Projects: symptom severity, emotional and somatic distress, functional capacity, suicidal behavior, circadian rhythms and sleep disturbances, antipsychotic drugs and adverse effects, neurocognitive deficit, awareness of illness, coping strategies, perceived social support, personality traits, lack of pleasure (anhedonia), and perceived health care needs. Analyzed samples included findings from clinical trials and cross-sectional and ten-year follow up studies of people with schizophrenia, schizoaffective disorders and mood disorders. The present book contributes to the literature in this field by making suggestions for improving research endeavors and clinical practice. Future research needs to address QOL deficits in all its multifaceted complexity so that it becomes clearer what the concept encompasses.

HB 9781536121681 £295.50 September 2017 Nova Science Publishers 500 pages

Paediatrics, Child & Adolescent Health Series



Suicide

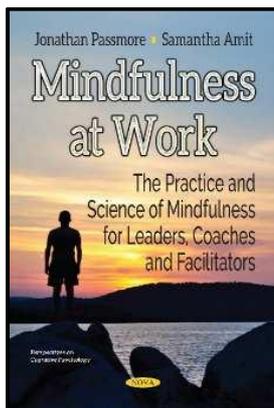
A Global View on Suicidal Ideation Among Adolescents

Edited by Mazyanga L Mazaba, Seter Siziya, Joav Merrick

Suicidal ideation is a major problem among the youth population in both the developed and developing world, leading in 6% of the deaths among youths globally. In countries considered to have low suicidal behavioral issues such as the Americas, 5,000 suicides occur annually. The chapters in this book are based on an analysis of data from the most recent Global School-based Health Survey (GSHS). The GSHS has been conducted in over 86 countries in all of the World Health Organization's regions. In this book, the authors aim to provide comparable data concerning the mental health of adolescents in 20 countries. The dependent variable used is suicidal ideation, while the independent factors include age, gender, food security, anxiety, loneliness, close friends, truancy, bullying, attachment, violence, smoking cigarettes or marijuana, alcohol abuse and parental understanding.

HB 9781536117882 £219.50 June 2017 Nova Science Publishers 170 pages

Perspectives on Cognitive Psychology Series



Mindfulness at Work

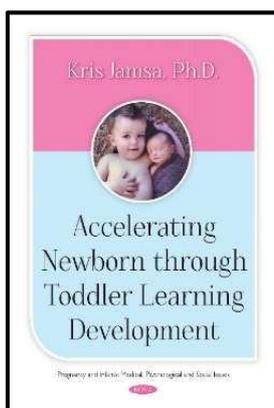
The Practice & Science of Mindfulness for Leaders, Coaches & Facilitators

Jonathan Passmore, Samantha Amit

Mindfulness is an ineffable practice where we are taken on a mind-body journey of discovery into our inner world. Mindfulness helps us to be curious again, to bring conscious intent into our lives, to be wiser and more compassionate, and to make new choices in the moment rather than repeat our same mistakes. It helps us be better human beings rather than “human doings”. The authors have adopted a strongly experiential perspective to provide readers with the evidence from over four decades of scientific research along with the experiences of our clients and others on how mindfulness is being translated from the world of mental health and wellbeing to the world of work. We hope that this combination of practice and science will help you to think about how you as a leader, a coach, or facilitator can integrate mindfulness approaches into your work and home life. By definition, mindfulness is simply to be present in the moment. You don’t have to do anything. You don’t have to be anywhere; you simply must notice your experience in the moment. It is evident that for most of us, our minds wander for as much of 47% of the time. In order to maintain this moment by moment awareness and not resort to acting on automatic pilot, it requires us to train our brains, somewhat like going to the gym. The authors offer a multitude of different everyday exercises and meditations for the reader to experiment with, and they encourage readers to find a daily practice that works for them. With personal inquiry, you can reflect and gain insight, learning to master emotions and responses so that less reactivity is experienced and more meaning in everything is fundamentally attained. Mindfulness at work is about being an active participant in your own life and the life of others around you. In general, people focus on what they can influence and how they respond to what happens by simply bringing non-judgmental, open awareness to our experience right here and now. The importance of how people focus their attention can make a monumental difference to how they feel, their quality of productivity, and their working and personal relationships. Conversely, not paying attention can be costly and detrimental to the quality of work as well as to the relationships that are vital for success at work and in our personal lives.

HB 9781536121094 £185.99 September 2017 Nova Science Publishers 200 pages

Pregnancy & Infants: Medical, Psychological & Social Issues Series



Accelerating Newborn Through Toddler Learning Development

Kris Jamsa

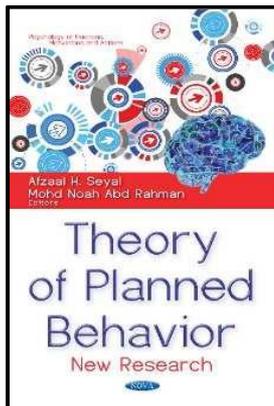
Every eight seconds within the United States, a new baby is born; that is 10,380 babies per day and nearly 4 million babies per year. At no other time in a child’s life will his or her parents be more engaged and desirous to foster development than during the transition years from newborn to toddler.

Additionally, during these critical early-childhood years, a child’s brain develops at its fastest rate. Unfortunately, despite their motivation and best intentions, most parents do not know how to best support and enhance their child’s learning development.

Governor of Maryland Robert Ehrlich best described the importance of early childhood learning by saying:

“Experts tell us that 90% of all brain development occurs by the age of five. If we don’t begin thinking about education in the early years, our children are at risk of falling behind by the time they start kindergarten.”

HB 9781536121698 £257.50 August 2017 Nova Science Publishers 450 pages



Theory of Planned Behavior New Research

Edited by Afzaal H Seyal, Mohd Noah Abd Rahman

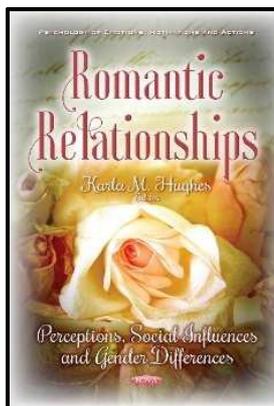
The Theory of Planned Behavior: New Research is an edited and scholarly work of nineteen researchers from seven countries of the world, originating from Southeast Asian countries to Pakistan, Australia and Italy. The work is compiled into nine chapters that illustrate the 2016 trends in using TPB.

This edited version is a practical guide both for young researchers and experienced professionals, and is compiled in a simple journal style of research papers, which will be very useful for the young researchers who find difficulty in organizing, analyzing and discussing their results in the early stages of their careers.

Readers can read it chapter by chapter, by tips and tricks and bit by bit when they are engaged in the process of writing a research paper; all chapters require a lot of references and literary hunting. Whichever application they take, they will feel energized with a wealth of knowledge and will further experience a new wave of self-confidence among themselves by finding a book like this.

Just stop and think as to how truly Warren Buffett spoke when he first said: "It is better to hang out with people better than you. Pick out associates whose behavior is better than yours and you will drift in that direction"

HB 9781536110968 £90.50 May 2017 Nova Science Publishers 190 pages

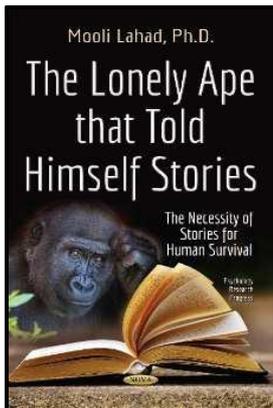


Romantic Relationships Perceptions, Social Influences & Gender Differences

Edited by Karla M Hughes

In the first chapter, the authors analyze questionnaire data that revealed how romantic love, gender, family, and religion influence attitudes toward children. Chapter Two focuses on the uses of Tinder, romantic choice decision making in Tinder and the impact of the app in facilitating a different way of dating. Chapter Three investigated the interaction between gender and romantic experiences on closeness to parents and friends for adolescents. Chapter Four explores computer-mediated communication (CMC) in heterosexual young adult romantic relationships, and presents the results of an empirical study in which core relational and personality constructs were hypothesized to link to participants' interpretations of and reactions to CMC. The main results obtained so far by mathematicians in modeling romantic relationships are reviewed in Chapter Five. Though relationships with friends and family members contribute to well-being, some research suggests that the quality of one's romantic relationships has a significantly greater effect on happiness. Chapter Six concluded the book by discussing this research.

PB 9781536121292 £90.50 July 2017 Nova Science Publishers 120 pages



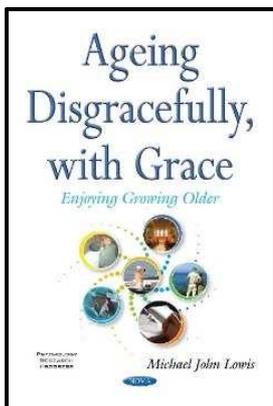
The Lonely Ape that Told Himself Stories **The Necessity of Stories for Human Survival**

Mooli Lahad

The Lonely Ape that Told Himself Stories is a book that tries to explore the fact that humans are the only animals on this planet that tell stories. Its main argument is that people need to tell stories as a basic need and that without stories, we could not survive as a species. The author explores the origins dating back to the times of cavemen and, through myths, legends and fairytales, touches upon issues such as grief and bereavement, hope and pessimism, male and female dominance, and equality. A significant part is dedicated to the use of stories and narratives in the healing of trauma, as well as how stories act as a modern treatment for PTSD. Lastly, the book explores the future of stories, the flourishing of social media, the issue of internet shaming, the movement towards e-books, and the need for meaning in the post-humanism era. Each chapter ends with experiential activities using stories, story making and other creative methods, including relaxation methods and a collection of stories. The author has been using these methods with clients for over three decades. These activities and processes can be used by an individual or by people in multiple professions to explore and reflect on the topics that are raised in these chapters.

The book is a combination of scientific research in psychology, archeology, arts, mythology, culture, neurology, neuroimaging and the modern media, and includes practical psychotherapeutic methods to work in many “impossible situations”.

HB 9781536108859 £90.50 May 2017 Nova Science Publishers 150 pages



Ageing Disgracefully, with Grace **Enjoying Growing Older**

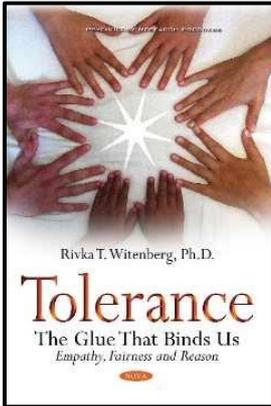
Michael John Lewis

A doctor was once heard to say that it is a pity we know our own age; otherwise, we could just say that we are as old as we feel. The populations of most countries are ageing, and because of this we can anticipate many years of retirement. We need to make the most of this opportunity, but we are faced with exhortations such as “act your age.” Does this mean that older people should not have fun anymore, but should instead conform to conventional stereotypes such as being unproductive, conventional, inflexible, serene, and no longer interested in intimacy? In other words, should people have to grow old gracefully? The answer is no. Instead, we should enjoy ageing while still having fun and living life to the fullest.

The author, Dr. Mike Lewis, is a psychologist and theologian who has numerous academic publications to his name, including over sixty articles in peer-reviewed journals, two books and two book chapters. His vast research experience, plus being himself in the ‘third age’ of life, adequately qualifies him to write on the topic of making the most of the retirement years. He delights in debunking the myths and stereotypes of ageing, and gives many examples of individuals who have achieved great things in later life. The book includes details on several ways that can help older people to cope with life, including making full use of both music and humour. It also reviews biblical texts that refer to the virtues of, and the respect for, older people.

This book is written in an accessible style that should also appeal to the interested general reader. The book also includes some simple self-test exercises that readers are invited to complete, the results of which should help those interested to gauge their own levels of progress toward life satisfaction.

PB 9781536113389 £72.50 May 2017 Nova Science Publishers 130 pages



Tolerance

The Glue That Binds Us - Empathy, Fairness & Reason

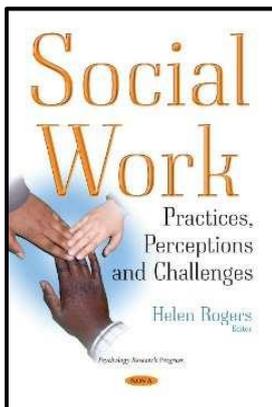
Rivka T. Witenberg

Have you ever wondered why some people are more tolerant and accepting of difference than others? *Tolerance: The Glue That Binds Us: Empathy, Fairness and Reason* is a ground-breaking book in its scope and in its examination of tolerance to human diversity. It is the first comprehensive publication about tolerance to human diversity which explores historical, philosophical (including the controversial relationship between freedom of speech and tolerance) and psychological aspects of tolerance as well as educational implications informed by theory and research.

Rivka Witenberg suggests a new direction in research and theory and proposes an alternative way of viewing tolerance as a concept in its own right, better placed within the moral domain and not simply the opposite of prejudice. When tolerance is placed within the moral domain pertaining to empathy, equality, fairness, justice and avoiding harm to others, it should be viewed as positive in nature rather than simply forbearance or “putting up with”. She argues that to be tolerant is a fundamental human quality or value as central to human existence as love, charity and goodwill and that tolerance like morality is possibly instinctive. Significantly, while tolerance and prejudice do coexist, tolerance should not be confounded and confused with prejudice.

Understanding more about the nature of tolerance to human diversity in today’s increasingly diverse and complex world could not be more important for harmonious, cooperative intergroup living. Witenberg reflects on the origin of tolerance and its deep historical roots, exemplified by the “Golden Rule”. Analysis of philosophical theories and her psychological research about tolerance to human diversity further expands our understanding of this important matter. This book brings a new outlook on the questions about what tolerance is, how it is conceptualised and its practical implications. Moving away from the idea that tolerance is simply “putting up with” and the antithesis to prejudice, this is a major interdisciplinary work that alters our understanding of tolerance to human diversity. This book is unique in its approach and subject matter and should be of value not only to educators and policy makers but also to anyone interested in understanding this important issue. It is written in approachable language which allows everybody to understand this important topic.

PB 9781536113471 £72.50 May 2017 Nova Science Publishers 173 pages



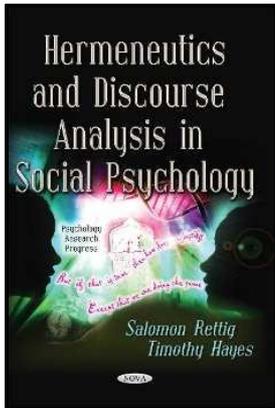
Social Work

Practices, Perceptions & Challenges

Edited by Helen Rogers

This book presents a practice model for psychotherapy in which a clinician teaches a client how to think about feelings that are part of the emotional distress involved in the problem being discussed. The purpose is to make a client aware of how problems can be analyzed, to prepare her/him to participate more effectively with a clinician in seeking problem resolution and to provide a client with a tool for future problem solving. What sort of a society have we become if we do not honour our ancestors? The dichotomy is whether advices in various fields that have allowed people to live longer is a feat to be celebrated or a problem to be addressed. The Aging Tsunami as it is often quoted to describe the worrying situations of rapidly aging in China has not met with detail planning in facilities upgrade and careful consideration in service models. Town planners need to be briefed thoroughly on the merits of seamless care and related concepts including barriers free environment and older people friendly communities. Higher life expectancy, the advance of medicine, the decrease in the share of active population and the increasing number of assistance-dependent persons has caused changes in family and intergenerational relations. Accordingly, long-term care will be a key factor in ensuring social stability in the future.

PB 9781536118223 £78.50 June 2017 Nova Science Publishers 100 pages

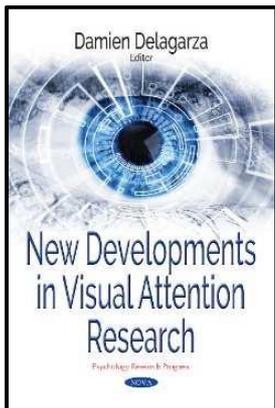


Hermeneutics & Discourse Analysis in Social Psychology

Salomon Rettig, Timothy Hayes

Today it is accepted that philosophical hermeneutics has become an important research paradigm within the social sciences, including social psychology. This interpretive turn seems preferable for the studies of moral belief systems, worldviews, and legal systems as compared to the positive behavioral approach. It soon became clear that one of the consequences of the H-D paradigm is the discursive approach, especially as it relates to the attainment of a rational consensus among a group of peers. The desire for a rational consensus is based on the understanding that only discursively achieved agreements can prevent the use of force. This new book examines hermeneutics and the use of discourse in general in social interactions.

PB 9781536119145 £75.50 June 2017 Nova Science Publishers 185 pages

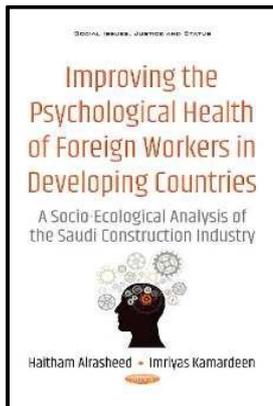


New Developments in Visual Attention Research

Edited by Damien Delagarza

The human brain deals, at every instant, with a huge amount of visual stimuli. Besides that, the problem of treating all this information becomes even more complex if we consider that each component of a given stimuli needs to be compared to a set of known signals stored in memory. In Chapter One a numerical solution of Hodgkin Huxley equations is presented to describe the behavior of a neuron and the solution is illustrated by a graphical chart interface to finely tune the behavior of the neuron visually programmed in Java. Chapter Two explores the connection between visual attention algorithms and the recognition of objects by computers in digital images. Chapter Three reviews research and provides original data asserting that bias in legal judgment persists despite the inclusion of visual evidence partly because decision-makers' perceptions of visual evidence may be swayed by subjective factors. The preference for a product is usually influenced by the visual appearance of the product image. Chapter Four proposes a new content-based approach, denominated CBAS, that combines textual attributes, visual features and visual attention to compose the products profile. Chapter Five uses electroencephalography (EEG) to investigate the brain activations of visual attention in production designers and analyse the differences between higher creativity (HC) and lower creativity (LC) designers.

PB 9781536123746 £90.50 July 2017 Nova Science Publishers 142 pages



Improving the Psychological Health of Foreign Workers in Developing Countries

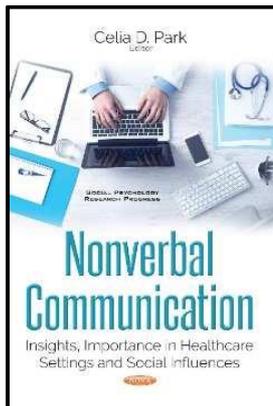
A Socio-Ecological Analysis of the Saudi Construction Industry

Haitham Alrasheed, Imriyas Kamardeen

Managing psychological health of the workforce in developing countries has more challenges than in developed nations. Among the challenges are: bureaucracy, ineffective institutional structures for implementing work health and safety laws, and ignorance on the part of workers about their rights to a decent workplace. However, the manifestation of these challenges varies from country to country, and therefore requires contextualised studies. Countries in the Middle East feature a unique phenomenon compared to other developing countries. Generally, its workforce is composed of expatriate workers from neighbouring developing countries. Among the Middle Eastern industries, the Saudi construction industry boasts a rapid growth with mega projects, but it has been reported that the psychological health of foreign workers who make it possible is constantly deteriorating. However, so far no studies have been undertaken to provide a solution to this dismal situation. This book aims to contribute to the improvement of the psychological wellbeing of foreign workers in the Saudi construction industry. The book first explores the factors affecting the psychological health of foreign workers and then provides a framework of suggestions to counteract them. This book demonstrates the application of the socio-ecological theory as an effective lens to analyse the problem and to develop solutions. Traditionally, it is believed that excessive mental stressors in professional settings are the primary triggers of poor psychological health among workers. However, the socio-ecological model looks beyond the workplace and explains the complex interactions between humans and their environments (social, institutional and cultural contexts of people) that influence the psychological health and human behaviours. It also guides a scientifically methodical design of research for broad investigations. The book will therefore serve as a valuable and handy resource for construction professionals, work health and safety authorities, researchers, academics and tertiary students. Although the book has been written, taking the Saudi construction industry as the central focus, the content is relevant to all developing countries, especially developing Middle Eastern countries.

HB 9781536120745 £152.50 July 2017 Nova Science Publishers 125 pages

Social Psychology Research Progress Series



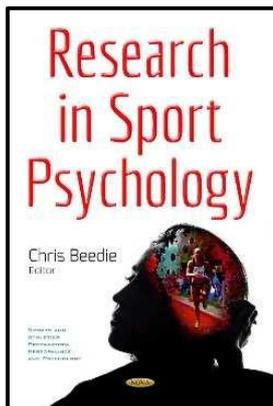
Nonverbal Communication Insights, Importance in Healthcare Settings & Social Influences

Edited by Celia D Park

Nonverbal communication between healthcare providers and recipients are mutually constructed, culturally intricate, contextually dependent, and socially affective. In healthcare settings, both patients and physicians use nonverbal communication (e.g. paralinguistic, kinesic, and proxemic cues) to convey their thoughts apart from verbal questions and answers, with the former describing their medical history and health issues and the latter providing medical advice and helpful treatment plans. Chapter One examines the unique role intercultural nonverbal communication plays in healthcare settings. In Chapter Two, patients with anorexia nervosa were studied in terms of whether specific interactive relationship patterns could be observed through nonverbal interactive behavior and, in particular, the facial expressions of emotions. Chapter Three covers the importance of nonverbal interactions of veterinary authorities in emergency exercise and random controls at public health borders. Chapter Four surveyed how the action of putting away one's mobile phone is interpreted as a form of nonverbal communication.

PB 9781536120684 £78.50 August 2017 Nova Science Publishers 80 pages

Sports & Athletics Preparation, Performance, & Psychology Series



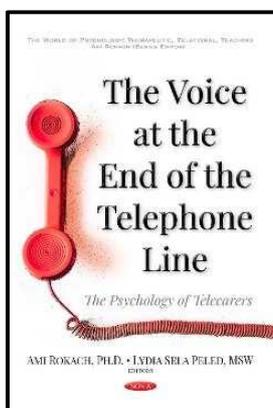
Research in Sport Psychology

Edited by Chris Beedie

Over the past several years, both coaches and athletes have started to realize that strength, speed, and other athletic skills are not sufficient for the production of championship athletes. Athletic performance has three parts: physical preparation, technical skill, and psychological readiness. This model suggests that if any of the above areas are neglected, athletic performance will decline. However, psychological preparation is the component that is most often neglected by athletes and coaches alike. Presently, the field of sports psychology and performance enhancement is growing exponentially. However, the sources of information related to the field are extremely limited. This book provides relevant insight into the field of sport psychology.

HB 9781536111040 £185.99 May 2017 Nova Science Publishers 290 pages

World of Psychology: Therapeutic, Relational, Teaching Series



The Voice at the End of the Telephone Line The Psychology of Tele Carers

Edited by Ami Rokach, Lydia Sela Peled

This unique book is geared for academicians, researchers, and those who train or are considering becoming volunteers. It focuses on those behind the phone line, the people who volunteer to help those who call crises lines. It is a blend of theoretical as well as personal accounts of what and how it feels to sit by the phone and help people pour their hearts out, save those who consider suicide, and empower those who feel downtrodden and desperate. This book illustrates the calls that are received, how operators approach them, how they learn to identify the repeaters who just hang on to the line, and how their volunteering enriches their lives.

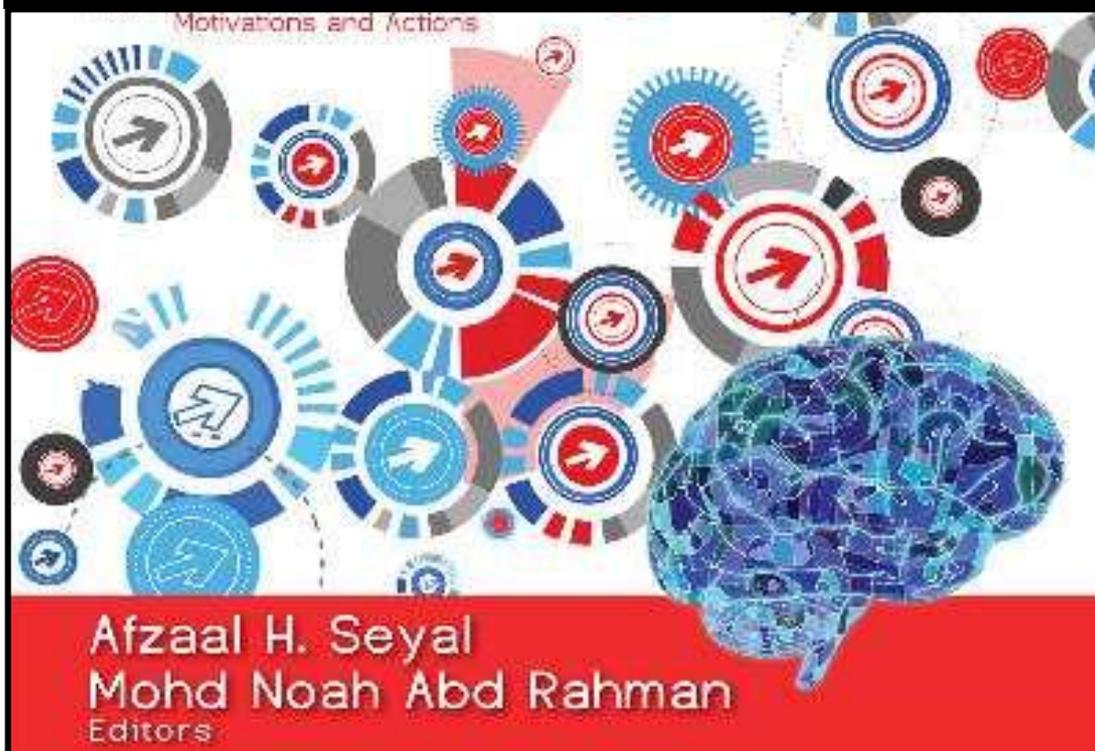
PB 9781536105902 £78.50 May 2017 Nova Science Publishers 90 pages



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Psychology - November 2017

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Psychology of
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